

# JUNE

## 2024 LIGHTER FARE

# LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
3 Turkey & Gouda Sandwich Diced Beets Pear	4 Roast Beef & Cheese Sandwich Broccoli Slaw Pineapple	5 Italian Salad Dinner Roll Tropical Fruit	6 Chef Salad with Chicken Dinner Roll Orange	7 BBQ Chicken & Cheese Sandwich Carrots with Ranch Orange
10 Roast Beef Club Sandwich Four Bean Salad Tropical Fruit	11 Ham, & Cheddar Sandwich Diced Beets Pineapple	12 Chicken Caesar Salad Dinner Roll Strawberry Banana Applesauce	13 Pastrami & Swiss Sandwich Potato Salad Pear	14 Spring Mix Salad with Chicken Dinner Roll Orange
17 Turkey & Provolone Sandwich Potato Salad Orange	18 Roast Beef & Swiss Sandwich Cucumbers with Ranch Pear	19 Egg Salad Sandwich Carrots with Ranch Pineapple	20 Turkey, Cheddar, & Bacon Sandwich Broccoli Slaw Pear	21 Ham Salad Sandwich Four Bean Salad Orange
24 Turkey & Gouda Sandwich Diced Beets Pear	25 Roast Beef & Cheese Sandwich Broccoli Slaw Pineapple	26 Italian Salad Dinner Roll Tropical Fruit	27 Chef Salad with Chicken Dinner Roll Orange	28 BBQ Chicken & Cheese Sandwich Carrots with Ranch Orange
			<b>*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*</b>	<b>*THE SUGGESTED MEAL DONATION IS \$2*</b>

# JUNE

## 2024 HOT MEALS

# LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
3 Veal Parmesan Peas Penne & Sauce Diced Pears	4 Garlic Butter Chicken Green Beans Mashed Potatoes Chocolate Pudding	5 Beef Lasagna Side Salad Broccoli & Cauliflower Pound Cake	6 Cheesesteak Vegetable Soup Roasted Potato Wedges Orange	7 Chicken Marsala Buttered Potatoes Vegetable Medley Strawberries
10 Cheeseburger Potato Wedges Carrots Clementine	11 Roast Chicken & Gravy Vegetable Blend Red Potatoes Vanilla Pudding	12 Glazed Pork Sauerkraut Mashed Potatoes Apple Slices	13 Sweet & Sour Meatballs Vegetable Blend Vegetable Fried Rice Oranges	14 BBQ Pulled Pork Creamy Coleslaw Chuckwagon Corn Peaches
17 Smothered Pork Brussels Sprouts Sweet Potatoes Jello	18 Meatloaf with Gravy Mashed Potatoes Carrots Banana Bread	19 Broccoli & Cheese Stuffed Chicken Vegetable Blend Brown Rice Fruit Salad	20 Cheese Omelet w/ Peppers & Onions Hashbrown Patty Fresh Fruit Salad	21 BBQ Chicken Patty Beef & Bean Chili Vegetable Blend Applesauce
24 Stuffed Pepper Mashed Potatoes Buttered Carrots Vanilla Greek Yogurt	25 BBQ Pork Riblet Sand. Vegetable Blend Baked Beans Clementine	26 Chicken Fritters Wax Beans Red Potatoes Applesauce	27 Spaghetti & Meatballs Side Salad Broccoli Vanilla Pudding	28 Breaded Fish Filet Broccoli & Cauliflower French Onion Soup Choc. Chip Cookie
			<b>*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*</b>	<b>*THE SUGGESTED MEAL DONATION IS \$2*</b>

# JUNE

## 2024 FROZEN MEALS

# LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
3 BBQ Chicken Fritters Diced Red Potatoes Mixed Vegetables Mandarin Oranges	4 Swiss Steak Mashed Potatoes Peas & Carrots Apple	5 Spaghetti/Meatballs Peas and Carrots Tropical Fruit	6 Cheese Omelet Turkey Sausage Breakfast Potatoes Orange	7 Breaded Haddock Cheesy Potatoes Vegetable Blend Diced Peaches
10 Meatloaf Mashed Potatoes Buttered Peas Apple	11 BBQ Riblet Baked Beans Mixed Vegetables Diced Pineapple	12 Fajita Chicken Chuckwagon Corn Brown Rice Orange	13 Chicken Parmesan Buttered Veg. Blend Buttered Rotini Diced Pears	14 Tortellini Alfredo Buttered Broccoli Buttered Carrots Applesauce
17 Turkey Dog w/ Chili Seasoned Potatoes Carrots Mandarin Oranges	18 Sweet/Sour Chicken Vegetables Brown Rice Orange	19 Chicken Tenders Sweet Potatoes Green Beans Diced Pineapple	20 Salisbury Steak/Gravy Mashed Potatoes Broccoli Apple	21 Cheese Manicotti Cauliflower Peas Applesauce
24 Chicken Alfredo Broccoli Penne Diced Peaches	25 Turkey Sausage Diced Red Potatoes Pancake Orange	26 Orange Chicken Broccoli Veg. Fried Rice Mandarin Oranges	27 BBQ Meatballs Mashed Potatoes Green Beans Apple	28 Breaded Haddock Veg. Blend Penne Diced Pears
			<b>*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*</b>	<b>*THE SUGGESTED MEAL DONATION IS \$2*</b>