

# AUGUST

## 2025 LIGHTER FARE

# LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
<b>*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*</b>	<b>*THE SUGGESTED MEAL DONATION IS \$2*</b>			<sup>1</sup> Southwest Chicken Ranch Salad Dinner Roll Orange
<sup>4</sup> Smoked Turkey & Cheese Sandwich Broccoli Slaw Apple Slices	<sup>5</sup> Harvest Chicken Salad Dinner Roll Orange	<sup>6</sup> Turkey, Ham & Cheese Sandwich Sliced Peppers Pear	<sup>7</sup> Med. Chicken Salad Dinner Roll Mixed Fruit	<sup>8</sup> Ham & Swiss Sandwich Four Bean Salad Tropical Fruit
<sup>11</sup> Smoked Turkey & Cheese Sandwich Cucumbers w/ Ranch Mixed Fruit	<sup>12</sup> BBQ Chick. Salad Dinner Roll Orange	<sup>13</sup> Greek Salad with Chicken Dinner Roll Tropical Fruit	<sup>14</sup> Egg Salad Sandw. Broccoli Slaw Apple Slices	<sup>15</sup> Grilled Chick. Sandwich Four Bean Salad Pear
<sup>18</sup> Ham & Cheddar Sandwich Sliced Peppers Pear	<sup>19</sup> Chicken Caesar Salad Dinner Roll Peaches	<sup>20</sup> Ham Salad Sandw. Cucumbers & Ranch Pineapple	<sup>21</sup> Roast Beef & Cheese Sandwich Broccoli Slaw Orange	<sup>22</sup> Southwest Chicken Ranch Salad Dinner Roll Orange
<sup>25</sup> Smoked Turkey & Cheese Sandwich Broccoli Slaw Apple Slices	<sup>26</sup> Harvest Chicken Salad Dinner Roll Orange	<sup>27</sup> Turkey, Ham & Cheese Sandwich Sliced Peppers Pear	<sup>28</sup> Med. Chicken Salad Dinner Roll Mixed Fruit	<sup>29</sup> Ham & Swiss Sandwich Four Bean Salad Tropical Fruit

# AUGUST

## 2025 HOT MEALS

# LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
<b>*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*</b>	<b>*THE SUGGESTED MEAL DONATION IS \$2*</b>			<sup>1</sup> Chicken Kiev Butter Garlic Spinach Roasted Potatoes Peach Applesauce
<sup>4</sup> Beef Patty with Gravy Mashed Potatoes Carrots Choc. Pudding	<sup>5</sup> Omelet Turkey Sausage Potatoes Fruit Salad	<sup>6</sup> Coconut Crusted Tilapia Peas & Onions Brown Rice Diced Peaches	<sup>7</sup> BBQ Chicken Green Beans Sweet Potatoes Orange	<sup>8</sup> Italian Pork Broccoli Red Potatoes Pound Cake
<sup>11</sup> Chicken w/ Gravy Green Beans Mashed Potatoes Cookie	<sup>12</sup> Beef Stroganoff Mixed Vegetables Buttered Rotini Melon	<sup>13</sup> Cheeseburger Carrots Potato Wedges Oranges	<sup>14</sup> Mini Cheese Ravioli Side Salad Vegetable Soup Fruit Cup	<sup>15</sup> Chicken Tenders Chuckwagon Corn Sweet Potato Tots Fruit Salad
<sup>18</sup> Pork Patty Cauliflower & Peas Red Potatoes Pound Cake	<sup>19</sup> Orange Ginger Chicken Carrots Brown Rice Pineapple	<sup>20</sup> Swedish Meatballs Green Beans Dinner Roll Applesauce	<sup>21</sup> Breaded Chicken Sandw. Broc. Cheese Soup Sweet Potato Tots Clementine	<sup>22</sup> Meatloaf w. Gravy Wax Beans Mashed Potatoes Van. Pudding
<sup>25</sup> Stuffed Cabbage Peas & Carrots Dinner Roll Van. Greek Yogurt	<sup>26</sup> BBQ Pulled Pork Coleslaw Corn Chowder Watermelon	<sup>27</sup> Ranch Chicken Broccoli Mac & Cheese Apple Slices	<sup>28</sup> Beef Lasagna Veg. Blend Dinner Roll Tropical Fruit	<sup>29</sup> Chicken Kiev Butter Garlic Spinach Roasted Potatoes Peach Applesauce