

MARCH

2025 LIGHTER FARE

LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
3 Turkey & Gouda Sandwich Carrots & Ranch Mango	4 Chopped Salad with Chicken Dinner Roll Orange	5 Greek Salad with Chicken Dinner Roll Mixed Fruit	6 Grilled Chicken BLT Four Bean Salad Fruit Salad	7 Egg Salad Sandwich Broccoli Salad Pear
10 Ham & Cheddar Sandwich Coleslaw Pineapple	11 Chicken Caesar Salad Dinner Roll Strawberry Banana Applesauce	12 Horseradish Roast Beef Sandwich Diced Beets Orange	13 Honey Mustard BBQ Chicken Sandwich Cucumbers & Ranch Tropical Fruit	14 Southwest Chicken Ranch Salad Dinner Roll Pear
17 Turkey Pepperoni & Cheese Sandwich Four Bean Salad Orange	18 Harvest Chicken Salad Dinner Roll Mandarin Oranges	19 Chef Salad Dinner Roll Peaches	20 Turkey & Cheddar Sandwich Broccoli Salad Pear	21 French Rachel Sandwich Coleslaw Fruit Salad
24 Turkey & Gouda Sandwich Carrots & Ranch Mango	25 Chopped Salad with Chicken Dinner Roll Orange	26 Greek Salad with Chicken Dinner Roll Mixed Fruit	27 Grilled Chicken BLT Four Bean Salad Fruit Salad	28 Egg Salad Sandwich Broccoli Salad Pear
31 Ham & Cheddar Sandwich Coleslaw Pineapple			*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*	*THE SUGGESTED MEAL DONATION IS \$2*

MARCH

2025 HOT MEALS

LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
3 Breaded Pork Patty Vegetables Brussel Sprouts Straw./Ban. Applesauce	4 Meatloaf with Gravy Mashed Potatoes Mixed Vegetables Oatmeal Cookie	5 Buttered Pierogies Side Salad Orange Choc. Pudding	6 Chicken Kiev Zucchini Quinoa Veg. Blend Diced Pears	7 Veggie Cheeseburger Sweet Potato Fries French Onion Soup Cantaloupe
10 Orange Ginger Chicken Stir Fry Veg. Blend Veg. Fried Rice Diced Pineapple	11 Turkey Sloppy Joe Diced Potatoes Beef & Peppers Soup Orange	12 Garlic Parm. Chicken Buttered Broc. & Caulif. Buttered Rice/Quinoa Apple Slices	13 Beef Goulash Peas & Carrots Macaroni Diced Mango	14 Breaded Fish Sandwich Roasted Sweet Potatoes Cauliflower Pound Cake
17 Turkey Burger Potato Wedges Green Beans Tropical Fruit	18 Chick. Fried Steak Mashed Potatoes/Gravy Beets Vanilla Pudding	19 Boom Boom Chick. Fritters Broccoli & Carrots Shortbread Cookie	20 French Onion Cheeseburger Red Potatoes Cantaloupe	21 Cheese Tortellini Buttered Broccoli Cauliflower Blend Fruit Salad
24 Stuffed Cabbage Roll Mashed Potatoes Carrots Jell-O	25 Turkey Kielbasa Potatoes Baked Beans Orange	26 Spaghetti & Meatballs Buttered Broccoli Side Salad Choc. Chip Cookie	27 Raspb. Grilled Chicken Red Potatoes Chuckwagon Corn Diced Peaches	28 Garlic Herb Fish Buttered Peas/Onions Mac & Cheese Fruit Salad
31 Breaded Pork Patty Vegetables Brussel Sprouts Straw./Ban. Applesauce			*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*	*THE SUGGESTED MEAL DONATION IS \$2*

MARCH

2025 FROZEN MEALS

LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
3 Chicken Marsala Mashed Potatoes Broccoli Diced Peaches	4 Turkey Sausage Diced Potatoes Pancake Orange	5 Orange Chicken Buttered Broccoli Veg. Fried Rice Oranges	6 Swedish Meatballs Mashed Potatoes Green Beans Apple	7 Breaded Haddock Veg. Blend Penne Diced Pears
10 Chicken Fritters Red Potatoes Mixed Vegetables Oranges	11 Beef Patty w/ Gravy Mashed Potatoes Peas & Carrots Apple	12 Spaghetti/Meatballs Peas and Carrots Tropical Fruit	13 Cheese Omelet Turkey Sausage Breakfast Potatoes Orange	14 Fish Sticks Sweet Potato Tots Vegetable Blend Diced Peaches
17 Meatloaf Mashed Potatoes Buttered Peas Apple	18 Turkey Kielbasa Mashed Potatoes Sweet/Sour Red Cabbage Diced Pineapple	19 Turkey Burger Buttered Green Beans Quinoa Veg. Blend Orange	20 Chicken Parmesan Buttered Veg. Blend Buttered Rotini Diced Pears	21 Eggplant Rollatini Broccoli Applesauce
24 Beef Hot Dog w/ Chili Seasoned Potatoes Carrots Mandarin Oranges	25 Sweet/Sour Chicken Meatballs Vegetables/Brown Rice Orange	26 Chicken Tenders Sweet Potatoes Green Beans Diced Pineapple	27 Salisbury Steak/Gravy Mashed Potatoes Broccoli Apple	28 Cheese Manicotti Cauliflower Peas Applesauce
31 Chicken Marsala Mashed Potatoes Broccoli Diced Peaches			*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*	*THE SUGGESTED MEAL DONATION IS \$2*